



# May 2021: Lunch



**NUTRITION TIP: Practice stealth health—sneak veggies into favorite foods. Go light on the meat and top the pizza with vegetables like tomatoes, onions, mushrooms, bell peppers and artichoke hearts**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>03</b> Chicken Tenders Tater Tots Fruit 1% Milk LF Chocolate Milk	<b>04</b> Boba Fettuccini BB8 meatballs Fruit 1% Milk LF Chocolate Milk	<b>05</b> Tacos Refried beans Fruit 1% Milk LF Chocolate Milk	06 Pierogis Peppers&onions 1% Milk LF Chocolate Milk	<b>07 Pizza</b> <b>Carrots sticks</b> Fruit 1% Milk LF Chocolate Milk	
	10 Chicken Alfredo Pasta broccoli Fruit 1% Milk LF Chocolate Milk	11 Chicken Nachos w/ black beans and corn fruit 1% Milk LF Chocolate Milk	12 Grilled Cheese Tomato soup Fruit 1% Milk LF Chocolate Milk	13 Sloppy Joe Potato salad Fruit 1% Milk LF Chocolate Milk	<b>14 Pizza</b> <b>Romaine salad</b> Fruit 1% Milk LF Chocolate Milk	
	<b>17</b> Chicken Tenders Tater Tots Fruit 1% Milk LF Chocolate Milk	<b>18 Walkin taco</b> <b>Tomato salsa</b> fruit 1% Milk LF Chocolate Milk	<b>19</b> Pesto Chicken Pasta w/ Peas Fruit 1% Milk LF Chocolate Milk	<b>20</b> Corn Dogs Carrots Fruit 1% Milk LF Chocolate Milk	<b>21 Pizza</b> <b>Garbanzo bean salad</b> Fruit 1% Milk LF Chocolate Milk	
	24 BBQ pulled Pork Sand w/ corn Fruit 1% Milk LF Chocolate Milk	<b>25</b> Chicken Quesadilla , Peppers & onion fruit 1% Milk LF Chocolate Milk	<b>26 Mac &amp; Cheese</b> <b>Green Beans</b> fruit 1% Milk LF Chocolate Milk	<b>27 Taco Pizza</b> <b>w/ Tomatoes</b> fruit 1% Milk LF Chocolate Milk	<b>07 Pizza</b> <b>Carrots sticks</b> Fruit 1% Milk LF Chocolate Milk	
	<b>31</b> Corn Dogs Carrots Fruit 1% Milk LF Chocolate Milk					