



March 2021: Lunch



NUTRITION TIP: Practice stealth health—sneak veggies into favorite foods. Go light on the meat and top the pizza with vegetables like tomatoes, onions, mushrooms, bell peppers and artichoke hearts

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	01 Spaghetti & meatballs zucchini Fruit 1% Milk LF Chocolate Milk	02 Green Eggs & Ham Fruit 1% Milk LF Chocolate Milk	03 Chicken Tender Melt Tater Tots Fruit 1% Milk LF Chocolate Milk	04 Pierogis Peppers&onions 1% Milk LF Chocolate Milk	05 Pizza Carrots sticks Fruit 1% Milk LF Chocolate Milk	
	08 Pesto Chicken Pasta broccoli Fruit 1% Milk LF Chocolate Milk	09 Tacos Refried beans fruit 1% Milk LF Chocolate Milk	10 Grilled Cheese Tomato soup Fruit 1% Milk LF Chocolate Milk	11 Sloppy Joe Corn Fruit 1% Milk LF Chocolate Milk	12 Pizza Romaine salad Fruit 1% Milk LF Chocolate Milk	
	15 Hummus Chx Wrap Romaine Fruit 1% Milk LF Chocolate Milk	16 Chicken Nachos w/ black beans and corn fruit 1% Milk LF Chocolate Milk	17 Corn Dogs Carrots Fruit 1% Milk LF Chocolate Milk	18 Pizza Carrots Fruit 1% Milk LF Chocolate Milk	19 No School	
	22 BBQ pulled Pork Sand w/ corn Fruit 1% Milk LF Chocolate Milk	23 Walkin taco Tomato salsa fruit 1% Milk LF Chocolate Milk	24 Mac & Cheese Green Beans fruit 1% Milk LF Chocolate Milk	25 Chicken Tenders Tater Tots fruit 1% Milk LF Chocolate Milk	26 Pizza Garbanzo bean salad Fruit 1% Milk LF Chocolate Milk	
	29 Sloppy Joe Potato salad Fruit 1% Milk LF Chocolate Milk	30 Taco Pizza fruit 1% Milk LF Chocolate Milk	31 Corn Dogs Carrots Fruit 1% Milk LF Chocolate Milk			