

# December 2018

## ARCHBISHOP WALSH / STCS

### LUNCH



**A LA CARTE SNACKS AND BEVERAGES ARE OFFERED DAILY.**



**Nutrition Tip:** Practice stealth health - sneak veggies into favorite foods.



### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

<p>GRILLED CHEESE <b>3</b> TOMATO SOUP PICKLE FRUIT 1% MILK LF CHOC MILK</p>	<p>SOFT TACOS W / LETTUCE <b>4</b> TOMATO &amp; CHEESE REFRIED BEANS FRUIT 1% MILK LF CHOC MILK</p>	<p>CHICKEN TENDERS <b>5</b> MAC &amp; CHEESE GREEN BEANS FRUIT 1% OR LF CHOC MILK</p>	<p>SPANISH RICE <b>6</b> GARLIC BREAD CORN FRUIT 1% MILK LF CHOC MILK</p>	<p>PIZZA <b>7</b> GARDEN SALAD RANCH DRESSING FRUIT 1% OR LF CHOC MILK</p>
<p>HAMBURG ON BUN <b>10</b> FRENCH FRIES BROCCOLI FRUIT 1% OR LF CHOC MILK</p>	<p>CHICKEN &amp; BISCUITS <b>11</b> MASHED POTATOES CARROTS FRUIT 1% OR LF CHOC MILK</p>	<p>TURKEY &amp; GRAVY <b>12</b> STUFFING GREEN BEANS FRUIT 1% OR LF CHOC MILK</p>	<p>CHICKEN FAJITAS W/ LETTUCE AND CHEESE <b>13</b> CORN 1% MILK LF CHOC MILK</p>	<p>PIZZA <b>14</b> VEGGIE STICKS RANCH DRESSING FRUIT 1% OR LF CHOC MILK</p>
<p>HOT DOGS ON BUN <b>17</b> TATER TOTS CARROTS FRUIT 1% OR LF CHOC MILK</p>	<p>SWEET &amp; SOUR CHICKEN <b>18</b> OVER RICE BROCCOLI FRUIT 1% OR LF CHOC MILK</p>	<p>HAMBURG STROGANOFF <b>19</b> OVER NOODLES GREEN BEANS FRUIT 1% OR LFCHOC MILK</p>	<p>SPAGHETTI W /MEAT <b>20</b> SAUCE CORN FRUIT 1% OR LF CHOC MILK</p>	<p>PIZZA <b>21</b> GARDEN SALAD FRUIT 1% OR LF CHOC MILK</p>
<p>NO SCHOOL <b>24</b></p>	<p>CHRISTMAS BREAK <b>25</b></p>	<p>NO SCHOOL <b>26</b></p>	<p>HAPPY <b>27</b></p>	<p>NEW YEAR!! <b>28</b></p>
<p>NO SCHOOL <b>31</b></p>				